

General Circular Letter No: 02-170/2004

My No:-DMH/A/2004/15
Mental Health Unit
Ministry of Health
Suwasiripaya Colombo 10.
29th December 2004

PDHS/DPDHS/Consultant Psychiatrist/
MOH/MS/DMO/MOMH

Psychosocial Support for Internally Displaced Persons due to Tsunami Disaster

The Internally Displaced Persons (IDPs) and others affected by Tsunami disaster are in need of psychosocial support. MOoMH under the guidance of the Consultant Psychiatrists/PDHS/RDHS should visit camps for IDPs and communities affected by the disaster. They should provide necessary guidance and support to the Volunteers, Community Leaders, health staff, other sectoral staff community at large and the IDPs to promote the mental health of those affected by disaster and prevent mental disorders.

Guidelines for providing Psychosocial Support is attached. Mental Health staff in the various districts are allocated the affected areas for providing the Psychosocial support according to the attached schedule.

Please contact Director Mental Health Services at the following address for any clarification and for any further assistance regarding Psychosocial Support.

Please send reports of the activities done in the areas on a regular basis.

Dr.Hiranthi de Silva
Director Mental Health Services
Mental Health Unit
"Suwasiripaya".
385, Deans Road,
Colombo 10.
Tele. No.2662874 /2731314/2

Fax No.2679162

Your cooperation to prevent further harmful effects to the IDPs of all age categories including the high risk groups is greatly appreciated.

Please bring the contents of this letter and attached guidelines to the notice of all health personnel involved in providing services to IDPs and other affected by the disaster.



Dr. S.T.G.R.de Silva
Deputy Director General of Health Services

Dr. S. Terrence G. R De Silva
Deputy Director General
(Medical Service)
'Suwasiripaya', Colombo 10.

SCHEDULE FOR PSYCHOSOCIAL SUPPORT - TSUNAMI - 2004

HOSPITAL	NAME OF M0MH	AREAS ASSIGNED FOR PSYCHOSOCIAL SUPPORT	CONSULTANT PSYCHIATRIST ASSIGNED
BH/Homagama	1 Dr.T.D.Indiketiya	Colombo ,Galle, Modera, Mattakkuliya, Dehiwela, Moratuwa	Dr.K.M.V.de Alwis -
BH/Avissawella	2 Dr.C.N.Jinadasa		Dr.Sunil de Silva - MH/Angoda
	3 Dr.A.A.S.H.de Silva		
BH/Gampaha	4 Dr.W.M.C.J.Prematilaka	Negambo & Wattala	Dr.D.K.S.Panduawala-GH/Badulla Dr.Usha Gunawardana-MH/Angoda Dr.Lalin Fernando – TH/North Colombo
BH/Watupitiwela	5 Dr.T.W.S.Priyadarsani	-	
BH/Negambo	6 Dr.A.A.P.Arachchige	-	
BH/Panadura	7 Dr.J.A.D.C.Sanjeewa	Panadura , Kalutara & Beruwela	Dr.Swarna Wijetunge – GH/Kalutara
BH/Horana	8 Dr.D.W.C.Ravinath	-	Psychiatry Unit - TH/Peradeniya Psychiatry Units-TH/Kandy
BH/Gampola	9 Dr.D.L.J.Liyanage	Ampara & Kalmunai	
	10 Dr.H.M.T.W.Senevirathne	-	
BH/Nawalapitiya	11 Dr.G.P.Hegodarachchi	-	
RC/Mampitiya	12 Dr.S.I.Karunananda	-	
RC/Deltota	13 Dr.M.W.S.Wickramagedara	-	
BH/Nuwaraeliya	Dr.Shantini	-	
BH/Matale	14 Dr.H.C.Gunarathne	Batticaloa	Consultant Psychiatrist – GH/Kandy
BH/Dambulla	15 Dr.A.W.P.D.Weerasekara	-	
RC/Laliambe	16.Dr.R.W.M.S.B.Kumburegedera	-	
H/Balapitiya	18 Dr.(Miss)N.T.Jayasena	Galle,,Hikkaduwa	Dr.Chandani Hewage – Psy.Unit, Galle Dr.Gamini Jayawardana-TH/Karapitiya Psychiatric Unit – TH/Karapitiya
DH/Elpitiya	19 Dr.U.K.D.M.S.Perera	-	
RC/Unawatuna		-	

DH/ Weligama	21 Dr.(Mrs.)E.P.Ranatunga	Matara Dickwella, Weligama	Dr.G.P.de Silva – GH/Matara Dr.Neil Fernando- MH/Angoda
DH/ Deniyaya	22..Dr.Wickramasekara		
H/Morawaka	23 Dr.(Miss) A.P.G.Athauda		
H/Mawaralla	24 Dr.B.W.Abeywickrama	-	
DH/Hambantota	25 Dr.T.A.S.Prabath		Dr.Ajith Jayasekara – GH/Hambantota
DH/Tissamaharama	26 Dr.P.T.P.Jayawardana		
DH/Tangalla	27 Dr.(Miss)S.D.Wickramasinghe		
RC/Ridiyagama	28 Dr.M.W.Punchihewa	Hambantota & Matara	Dr.G.A.Gadambanathan – GH/Rathnapura
DH/Kahawatta	29 Dr.K.Fernandopulle		
DH/Balangoda	30 Dr.K.H.K.W.Abeyratne	-	
DH/Embilipitiya	31 Dr.W.D.Wattegama	-	
BH/Kegalle		--	
BH/Karawenella	32 Dr.T.M.C.J.Madatuwa	-	

DH/Maho	32 Dr.Ratnayake	Chilaw , Kalpitiya , Puttlam	Dr.S.A.C.Arambepola – TH/Kurunegala
BH/Kuliyapitiya	33 Dr.D.M.S.M.Bandara	-	
DH/Nikawaratiya	34 Dr.D.J.Dissanayake	-	
DH/Sandalankawa	35 Dr.D.L.Ranaweera	-	
GH/Gokarella	36 Dr.S.S.Jayawardana	-	
	37 Dr.Wasantha Kumara	-	
RC/Uhumeeya	38 Dr.Samantha Wejesundara	-	
RC/Mawatagama	.	-	
BH/Chilaw	39 Dr.(Mrs.)R.Thangaratnavel	Chilaw, Puttlam, Kalpitiya	Dr.Pushpa Ranasinghe – MH Angoda
DH/Kalpitiya	40 Dr.M.R.A.Costa	-	
		-	
BH/Puttlam	41 Dr.A.H.M.P.Anuruddha	-	

DH/Kakirawa	42 Dr.E.M.C.Bandaranayake	Trincomalie,Batticaloa	Dr.D.P.D.Wijesinghe – GH/A'Pura	
DH/Kahatagasdigiliya	43 Dr.C.D.K.Dolawattage	-		
DH/Tambuttegama	44 Dr.(Miss)Madara Pannila			
RC/Mihintale	45 Dr.R.M.D.C.K.Rasnayake			
BH/Plonnaruwa	46 Dr.(Miss) R.M.C.R.Ratnayake Gamage			
DH/Medirigiriya	47 Dr.R.M.W.S.Ratnayake	Ampara	Dr.D.K.S.Paanduwwala – GH/Badulla	
BH/Mahiyangana	48 Dr.D.R.D.Wijeratna Menike			
DH/Welimada	49 Dr.(Miss)G.R.S.de Silva			
BH/Diyatalawa	50 Dr.T.C.Fernando			
	51 Dr.Gunawardana			
RC/Meedumpitiya	52 Dr.H.H.A.K.Wannisinghe			
BH/Monaragala	53 Dr.			
DH/Bibila	54 Dr.(Miss)N.P.Wickramasinghe			
BH/Trincomalie	55 Dr.Vathini Ratnasinghe			Trincomalie
RC/Mavadivalimbu				Batticaloa
BH/Ampara	56 Dr.P.G.P.S.Kumara	Ampara	Dr.S.Ganeshen – TH/Batticaloa	
DH/Dehiattakandiya	57 Dr.K.Arul Jothy			
BH Kalmunai	58 Dr. (Mrs.)Thuraiatnam	Kalmunai		
BH/Vavuniya	59 Dr.(Mrs.)T.Sashikala	Jaffna Mulative		
DH/Kilinochchi	60 Dr.Judyremesh	Jaffna		
BH/Mannar	61 Dr.S.Kalachivan	Mannar	Dr.G.A.Gadambanathan – GH/Rathnapura Prof.D.Somasundaram,Medical Faculty,Jaffna Dr Sivayakan	