

Quarterly Return by Medical Officer/Mental Health (Focal Point)

RDHS Area: Quarter: Year:

Should be prepared by MO/Mental Health (Focal Point) at RDHS in 2 copies & send on or before 25th day in the month of following quarter. 1st copy to Directorate of Mental Health at Ministry of Health / 2nd copy to be retained in the RDHS office

A. Infrastructure availability & capacity

1. Infrastructure

Health Institutions	Number of Institutions	Number of Institutions with Psychiatric ward	Total Bed Strength	
			Male	Female
1.1. Teaching Hospitals				
1.2. Provincial General Hospitals				
1.3. District General Hospitals				
1.4. Base Hospitals				
1.5. Specialized Hospitals				
1.6. Divisional Hospitals				
1.7. Primary Medical Care Units				
Special Centres/Societies		Number of Special Centres/Societies	Total Bed Strength	
			Male	Female
1.8. Long stay units				
1.9. Medium stay units				
1.10. Alcohol Rehabilitation Centres				
1.11. Drug Rehabilitation Centres				
1.12. Community Support Centres				
1.13. Mithuru Piyasa				
1.14. Consumer & carer societies				
Other Institutions		Number of other Institutions		
1.15. Schools				
1.16. Pre-Schools				
1.17. Children's homes				
1.18. Elderly homes				
1.19. Prisons				
1.20. Certified schools				

B. Human-Resource availability

2. Human Resource

Category	Approved cadre	No. in position at the end of quarter	No. vacant	Vacant stations
2.1. Consultant Psychiatrists				
2.2. Forensic Psychiatrists				
2.3. Child & Adolescent Psychiatrists				
2.4. MO/Mental Health (Focal Point)				
2.5. MO/Psychiatry (Diploma Holders)				
2.6. MO/Mental Health				
2.7. Clinical Psychologists				
2.8. Occupational Therapists/Mental Health				
2.9. Staff Nurses				
2.10. Community Psychiatry Nurses				
2.11. Speech Therapists				
2.12. Psychiatry Social Workers				
2.13. Other (Counselors, CSO etc.)				

C. Assessment of MO/Mental Health (Focal Point) activities

3. Meetings/Conferences/Programmes/Activities attended (by MO/Mental Health - Focal Point)

Meetings/Conferences/Programmes attended	No.
3.1. Monthly Conference at MOH Office	
3.2. Monthly MOH meeting at RDHS Office	
3.3. District mental health reviews	
3.4. National mental health review	
3.5. School Medical Inspection (SMI)	
3.6. District coordinating committee	
3.7. Consumer & carer societies	
3.8. Other	

4. No. of Mental Health Promotion/Training/Awareness Programmes Conducted (by MO/Mental Health - Focal Point)

Type of Programme	No. of Programmes conducted								
	Hospital staff	Public health staff	School teachers	Preschool teachers	School children	Work places	Children's homes	Elderly Homes	Others
1.1. Promotion of Mental Wellbeing									
1.2. Prevention & control of Alcohol & other Substance use									
1.3. Suicide Prevention									
1.4. Prevention of Violence									
1.5. Child & Adolescent Mental Health									
1.6. Other									

Comments:

Signature of MO/Mental Health (Focal Point):

Name of MO/Mental Health (Focal Point) :

Date :

Signature of the RDHS :

Name of the RDHS :

Date :